

# Your Personal CyberKnife Pathway



MY CANCER & TREATMENT

# Your Personal CyberKnife Pathway

Erlanger's Cancer Care Team is dedicated to providing you the best care. Part of that care is educating you on your illness and treatment. This brochure will guide you through the steps of your CyberKnife treatment, letting you know what to expect along the way.

Should you have any questions or concerns at any time before or after your treatment, please contact the Erlanger Cancer Center at 423-778-5704.



## Overview

Your treatment steps will include the following:

- Consultation with physicians
- Confirming insurance coverage
- MRI & PET Scans
- Treatment planning
- Lung Simulation
- Physician analysis
- CyberKnife treatment(s) are scheduled
- Discharge from Erlanger Cancer Center
- Follow up appointment with the Radiation Oncologist

## Consultation

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

LOCATION: **Erlanger Cancer Center**

LENGTH OF APPOINTMENT: **Allow 30 minutes to 1 hour**

At this appointment, you will be examined by a radiation oncologist and a treatment plan will be recommended. During your visit, you will also be introduced to the CyberKnife coordinator and begin patient education.

Patient education will include the following:

- View CyberKnife patient education video
- Review the CyberKnife pathway

- Consider participating in the CyberKnife Registry
- Tour the CyberKnife treatment room (if available)
- Review the CyberKnife Education folder
- Consider visiting with our oncology dietitian and/or social worker if you have current or anticipated needs

## Insurance Coverage

We will gather and submit clinical and billing information to obtain written approval for CyberKnife treatments from your insurance carrier(s). *Typically, this process takes 1-10 business days.*

## MRI & PET Scans

### MRI Scan

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

LOCATION: \_\_\_\_\_

LENGTH OF APPOINTMENT: Allow 1 hour

### PET Scan

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

LOCATION: **Erlanger Cancer Center** (downtown campus)

LENGTH OF APPOINTMENT: Allow 2 to 3 hours

When possible these appointments will be scheduled during the original CyberKnife consult. If not, the CyberKnife coordinator will contact you with the appointment time and provide any instruction you may need regarding these scans.

The PET or MRI may be needed to plan your CyberKnife treatment. If your scan is scheduled to be completed at another facility, we will coordinate the appointment and provide directions and instructions.

\* If you have a pacemaker, please mention to the nurse before scanning occurs.

## Treatment Planning Scan

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

LOCATION: **Erlanger Cancer Center** (downtown campus)

LENGTH OF APPOINTMENT: Allow 30 minutes to 1 hour

You will be placed on a table to obtain special CT images that are used to outline the tumor. Images from PET or MRI scans may be used to assist in designing a custom tailored plan.

## Lung Simulation

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

LOCATION: **Erlanger Cancer Center** (downtown campus)

LENGTH OF APPOINTMENT: Allow 30 minutes to 1 hour

If you are being treated for a lung tumor, you may need to return for this appointment. You will be escorted to the CyberKnife treatment room where our team will obtain additional x-ray images to assist in the treatment planning process.

## Planning

NO APPOINTMENT NECESSARY – Once your treatment planning scans are finished, the physicians will review them in great detail to plan your CyberKnife treatment. After the physicians have finished their work, the physics department will receive the scans so they may finish the treatment planning. This typically takes 7-10 business days.

## CyberKnife Treatment(s)

The day(s) of your treatment(s) you should come with a driver.

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

LOCATION: **Erlanger Cancer Center** (downtown campus)

LENGTH OF APPOINTMENT: Please allow 1-2 hours per treatment including discharge instructions following final treatment.

## Discharge Instructions

Discharge instructions will be provided after the final treatment. You will see the radiation oncologists and your follow-up plans will be discussed.

Please invite any care taker to attend this meeting. Your physician and our staff will be able to review the plan of care and coordinate any appointments related to the CyberKnife treatment.

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**Bring this CyberKnife Path Treatment Schedule with you to all appointments.**

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